

**NEWCASTLE SWIMMING DEVELOPMENT COACHES NEWSLETTER
NOVEMBER 2005**

CONGRATULATIONS TO :

Ian Oliver who collected an "Award for Coaching Excellence for 2005" at the BSCTA awards dinner last month

Dawn selected as British Swimming Team Manager for a training camp in China & Macau in Dec

Andrew Mayor selected to represent Scotland at the USA Open Nationals on Dec 1st-3rd; Alex Smith selected for the Scottish Youth Development Squad for 2006 and joins brother Andrew in his selection

Martin Bell, Dave Pretswell, Hollie Gordon, Steven Cochrane, John Sim, Nicola Thomas, Louise & Claire Mead, Emily Nelson & Garry Armstrong on successfully achieving the ASA Helper Award.

COMPETITION RESULTS:

Inter County KO Championships Sheffield 16th October James Johnson won the 16/17/100bs and was 2nd 100bf, Eve Makey 5th 12/13 100bc, Alex Smith 13th 14/15 100bc and Rachel Haigh had team swims.

ESSA National Championships 21/22nd Oct Manchester Alex Smith finished 5th in the 100bc and Meghan Miller swim in the 100bs event.

ASA Masters SC Nationals Sheffield 28-30th Oct saw Sarah Germain (19-24) successfully defend her 200 breaststroke title from last year and also finish 9th in the 100bs & 11th in the 50bs. Rachel Clinkard (30-34) was 4th in the 1500fc, 6th 100bf, 200fc & 100im, 14th 50bf & 15th 50fc. Arthur Aplin (40-44) 6th 1500fc & 11th 50bf. Peter French (45-49) 6th 400fc, 9th 200fc 11th 50bf, 15th 100fc & 17th 50fc. Moira Atkinson (45-49) 7th 100im & 10th 800fc. Walter Mack (50-54) 10th 200fc, 15th 100fc & 18th 50fc. Mike Bairstow (65-69) 6th 400fc, 9th 100fc & 11th 50fc.

NEC Bagcat Age Group SC 5/6th November at Harrogate 6 golds were won over the weekend by 3 by Chris Knight 200, 400 & 1500fc, Alex Smith (2) 100 & 200bc and (1) Val Kokorin in the 100fc.

9 silver medals were won by; Chris in the 200&400im, Ellen Barton 100bf, 200 & 400fc; Daniel Bosman 100&200bc; Chris Dixon 100bs and Val 200fc.

6 bronze medals from Chris Knight 100bs; Ellen Barton 200im; Lucy Gordon 200bc; Alice Miller 100bs; Chris Dixon 200im and Alex Rea 200bc.

Other finalists were Peter Ward, Amber Kears, Sarah Murray, Steph Redfern, Charlotte Sim, Andrew Dixon, Andrew Learmouth, and Jake McMullon.

City of Tavira SC International Meet Portugal 11/13th November Chris Cook, Andrew Mayor, James Johnson and Richard Savage were invited to compete. Chris won the 50, 100 & 200bs. James won the 200im, 2nd 200bs & 400im and was 3rd 100bs. Andrew was 3rd 50bf and 4th 100 & 200bf. Richard was 5th 50 & 100bf and 6th 200bf. They were also 4th in both the medley & freestyle teams in new club records.

N&D Graded Series 12/13th November at Felling saw Newcastle take 17 golds, 13 silver and 15 bronze medals at the first event of the series;
Golds; Jessica Rodger 100bs, 100bf & 400fc, Alex Wheeler 800fc & 200bs; Lewis Wiseman Ord 200bs & 200bc, Jake McMullon 800fc, Sarah Langton 100im, Alex Kirtley 200bs, Robert Pallister 200bs, Rose Bell 50bc, Anne Vilgers 100bc, Josh Hobbs 200fc, Joseph Ginnelly 100im, Amy Cleaver 100fc and Natasha Venchard.

Silvers; Tom Howley 200fc & 100im, Callum Oaks 200bs & 400im, Daniel May 200bs & 400im, Daniel Bsoman 800fc, Sarah Langton 100bf, Elizabeth Bishop 100bs, Anne Vilgers 200bc, Joseph Ginnelly 200bs, Lucy Pages 200fc and Emmy Tatters 100fc.

Bronze; Callum Oaks 200bc & 800fc, Patrick Baird 200bc & 400im, Sean Magee 800fc, Daniel May 800fc, Anne Vilgers 100bf, Alex Kirtley 200fc, Ryan Hall 200fc, Anna Mackey 100im, Richard Kirtley 400im, Andrew Summers 400im, Hannah Bain 200fc, Josh Hobbs 100im and Elizabeth Hierons 100fc.

Inter Dolphin Gala 10th November saw Gosforth win the event with 157 points from Newburn with 135, Jesmond 121, East End 98, Elswick 65 and 6th placed newly formed Fenham Dolphins. Newburn won the last event, the 8x25 canon. Individual winners were Alex Barton, Isobel Taylor, Coral McGahey, Charlie Haslam, Alex Bennett, Laura Armstrong JD, Zak Dawson (2), Adam Clark, Amy McGillvary, James Patterson, Charlie Moorby ND, Jennifer Stuart (2), Edward Atkinson (2), Jade Patten (2), Lynsey Hall, Harry Thorpe, Abigail Madsen, Owen Clemett, Zoe Kirkwood, Archie Smith GD. Well Done to all!

ESSA Regional SC Teams Champs Middlesbrough saw Andrew Barrett represent RGS and lead off both the freestyle & medley relays.

BUSA National SC Champs Sheffield 19/20th Nov saw Andrew Mayor (AA) take bronze in the 200bf, 4th 100bf and 7th 200im. Emma Sandwith (AA) took bronze in both the 50fc & 200bc and was 7th in the 100fc.

Junior League National Final 20th Nov Weston-Super-Mare saw Newcastle finish 3rd in this event, the highest ever placing in a National Final! Boro' of Kirklees won and Stockport Metro were 2nd. We had one Individual winner, Hannah Bain (BB), in the girls 9yrs 25m freestyle and 2 Team wins from the girls 9yrs freestyle relay and the girls 11yrs freestyle relay. Well done to all swimmers, staff and supporters who got dressed up for the occasion!

Dates for your Diary:

Dec

1/4 Stage 3 Meet Swansea / 3/4 Wear Valley Meet

4 Newcastle Shrimp Meet City Pool (Club event swimmers 8 & under, 9 & 10)

8/11 Euro SC Champs Trieste, Italy (Chris Cook, James Johnson & Ian Oliver)

10/11 Sheffield Distance Meet / **11 Sunday Swim**

16/18 1500/800 Time Trials City Pool

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www.cityofnewcastleasc.co.uk and [seniors www.conasc-masters.co.uk](http://seniors.conasc-masters.co.uk)