

**NEWCASTLE SWIMMING DEVELOPMENT COACHES NEWSLETTER  
DECEMBER 2005**

***HAPPY NEW YEAR TO EVERYONE!***

**CONGRATS TO:** Andrew Mayor who represented Scotland in his first International meet at the US Open in Auburn, Texas 1/3<sup>rd</sup> Dec where he finished 6<sup>th</sup> in the 200bf & 7<sup>th</sup> 100bf.

Ian Oliver selected as Coach with the GB Team for the Commonwealth Games in Melbourne, Australia 15-26<sup>th</sup> March 06.

Chris Cook & James Johnson selected to represent GB in the World Cup (SC) series in Stockholm 17/18 and Berlin 21/22 Jan 06.

City of Newcastle ASC winners of the N&D Tom Randall Memorial Trophy (Top Age Club), Mark Latimer Memorial Trophy (Top Senior / Junior Club) and the Guy North Memorial Trophy (Top Youth Club) – the first club to hold all 3 trophies simultaneously!

**COMPETITION RESULTS:**

**NEC Senior & Junior Champs Leeds 26/27<sup>th</sup> Nov** saw Amy Jessett win junior golds in the 50 & 100fc events; Alex Smith in the 100 & 200bc and Chris Knight in the 400im. Junior silvers were won by Rachel Haigh in the 100bf, Chris Knight 200im, Alex Smith 50bc, Andrew Smith 400im and James Welford 200bf. Junior bronzes went to Amy Jessett in the 400fc and Andrew Smith 1500fc. 1 Senior silver medal was won by Rachel Haigh in the 200im. Other finalists included; Robert Shaw, Niall Nesbitt, Daniel Bosman, Emily Nelson, Andrew Barrett, Sally Reid, Chris Streener and Eve Mackey. The men's 4x200fc team finished 5<sup>th</sup>, the 200 medley team 6<sup>th</sup> and the 200fc team 7<sup>th</sup>. The women's 200 medley team were 3<sup>rd</sup>, and both the 200 & 400 fc teams were 4<sup>th</sup>.

**City of Newcastle Xmas Meet 4<sup>th</sup> Dec;** Lindsay Hall (GD) won 5 golds- 50bf, bc, bs, fc & 100im in the 8&under age group. Zach Place (GD) won 4 golds-50 bf, bc, fc & 100im in the 8&unders. Ben Widdrington (GD) won the 50bs. Nicola Hastings (BB) won the 9/10 yrs 50 bf & fc & 100im. Rose Bell (City B) the 50bc and Katherine Walton (EEB) the 50bs. Robert Pallister won all 5 golds-50 bf, bc, bs, fc & 100im for the 9/10 years group.

Silver medals went to Victoria Hall (2)(GD), Jennifer Tatters (BB), Jo Ginnelly 3 (BB), Meghan Riley 2 (GD), Nicholas Edwards (Els), Zoe Kirkwood (City B), Ryan Hall (2) (BB), Jake Bratley (GD), Zach Place (GD), Alisha Venchard (GD), Lucy Pages (EEB), Damon Jones (GD), Nicola Hastings (BB) and Anna Barnes (EEB). Bronze medals were won by Alisha Venchard (GD), Hannah Bain 3 (BB), Jack Gallacher (EEB), Alex Bennett (JD), Damon Jones 2 (GD), Alex Kirtley (EEB), Stephanie Dollimore 2 (JD), Megan Riley (GD), Jo Ginelly (BB), Nicola Hastings (BB), Ben Widdrington (GD), Josh Hobbs (EEB), Anna Barnes (EEB) and Ryan Hall (BB).

**Swansea Stage 3 LC Meet 2/4<sup>th</sup> Dec** Finalists included Emma Sandwith who was 7<sup>th</sup> in the 50fc and James Johnson who was 8<sup>th</sup> in both the 200 & 400im. Richard Savage finished 10<sup>th</sup> in the 200bf.

**Wear Valley Xmas Meet 3/4<sup>th</sup> Dec** saw Ellen Barton win 6 gold medals in the 100 & 200fc, 100& 200im, 100bf and 100bc. Emily Nelson also took gold in the 100bc as did Jo Ginnelly in the 100bc. Robert Pallister won 4 silvers in the 50 & 200bs, 100bc and 100fc. Ellen took 3 silvers in the 100 & 200bs and 400fc, Emily took 2 silvers in the 50 & 200bc. Hollie Gordon took silver in the 50bf and Lewis Wiseman-Ord silver in the 200bf. Bronze medals went to Patrick Baird 50fc, Emily Nelson 100fc and Andrew Burn 200bf.

**Sheffield Winter Distance LC Meet 10/11<sup>th</sup> Dec** saw Newcastle win 5 golds, 16 silvers and 12 bronze medals. Golds were won by Rachel Haigh in the 200bf & 400im, Chris Knight 200im & 1500fc and Alex Smith 200bc. Silvers by Andrew Learmouth 200 & 400im & 200bc, Charlotte Sim 200 & 400fc, Andrew Dixon 200bs, Andrew Summers 200bs, Chris Dixon 200bs, Robert Shaw 200bs, Niall Nesbitt 200bs, Rachel Haigh 200im, Sally Reid 200bs, Alex Rea 400fc, Chris Knight 400fc, Andrew Smith 1500fc and Lucy Gordon 200bc. Bronze by Niall Nesbitt 200bf & 400im, Amy Jessett 400fc, Andrew Smith 400im, Alex Rea 200bc, Alice Miller 200bs, Andrew Barrett 200bf, Charlotte Sim 400im, Chris Dixon 200im, Sarah Murray 200bc, Robert Shaw 200im and Eve Mackey 800fc.

**Tyne & Wear Partnership Swim Camp 17/18<sup>th</sup> Dec at the Raich Carter Centre, Sunderland** saw Tony Reed selected as a Coach and swimmers Jade Pattern, Zoe Kirkwood, Josh Dobbs, Abigail Harvey, Ellie Clemett, Steph Quinn, Josh Hobbs, Tom Howley, Lewis Welford, Alex & Jack Gallacher, Alex Kirtley, Anna Barnes, Rose Bell, Lucy Pages, Erin Smith and Holly Clark also selected for the 2 day training camp which included pool, land work and mental skills training.

**NEC to NER** Since October 2005 the North East Counties have been replaced by North East Region as part of the ASA's regionalisation programme. Mr Alan Capstick will be President of NER for 2006.

### **Dates for your Diary:**

#### **Jan**

15 Sunday Swim

21/22 Newburn Junior Open

28/29 Gateshead LC Open Meet at Sheffield

#### **Feb**

3/4/5 City of Newcastle Age & Youth Open Meet

17/19 BUSA LC Nationals Sheffield

18/19 N&D Senior & Youth Champs Newcastle

25 Junior League Rd1 Tynemouth

26 Sunday Swim

**Editor Dawn Peart 1/06** [dawn.peart@newcastle.gov.uk](mailto:dawn.peart@newcastle.gov.uk)

Club & Seniors website visit : [www.cityofnewcastleasc.co.uk](http://www.cityofnewcastleasc.co.uk) & [conasc-masters.co.uk](http://conasc-masters.co.uk)